







Lauderdale to Seven Mile Beach Track Lauderdale, Clarence

DISTANCE 3.3km

EXPERIENCE Coastal

DESCRIPTION

The gravel track skirts between Single Hill and the rocky coastline offering spectacular views of Seven Mile Beach and Frederick Henry Bay. The track finishes at the southern end of Seven Mile Beach. The walk takes approximately an hour one way.

USER GROUPS	SUGGESTED TIME	DIFFICULTY
	Under 2 hours	
	Under 2 hours	

FACILITIES



RESTRICTIONS



SAFETY PRECAUTIONS



There is a short and slightly steep section of track where it crosses a gully midway along. The track becomes steeper at the Seven Mile Beach end with steps providing access onto the beach.

MAP

The tracks starts at: -42.889668, 147.501544

[Download GPX map file](#) | [Download KML map file](#) | [View large map](#)

DIRECTIONS

Start from Lauderdale Yacht Club car park off Kirra Rd in Roches Beach.

RELATED TRACKS

- [More tracks in the Clarence region](#)

FURTHER RESOURCES

- [Tasmanian Fire Service website](#)

- Bureau of Meteorology weather warnings for Tasmania
- Bureau of Meteorology home page

PHOTOS



THIS TRACK IS MANAGED BY **CLARENCE CITY COUNCIL**



If you have any questions, feedback or updates regarding this track please contact the track manager at the Clarence City Council by phone on 03 6217 9500 or by email to clarence@ccc.tas.gov.au. For urgent communications please contact us by phone.

The link to this track is <https://www.greaterhobarttrails.com.au/track/lauderdale-to-seven-mile-beach-track/> and this PDF was last modified 11 June 2019.

The Greater Hobart Trails Project is an initiative of the [Derwent Estuary Program](#) in partnership with the local councils of [Hobart](#), [Kingborough](#), [Derwent Valley](#), [Clarence](#), [Glenorchy](#) and [Brighton](#) along with the [Tasmanian Government](#).